



Myrtle Beach Class Descriptions

Teacher Room Classes:

The College Audition Process w/ Chad (Sat. 8:20am-8:55am)

The ins and outs of the audition process whether it be for college programs, summer intensives, dance teams. Lecture based class on how to prepare your students to be successful during the audition process.

Yoga w/ Sarah (Sat. 9:05am-9:40am)

All levels welcome. This class is a guided vinyasa yoga flow that will incorporate breathing techniques paired with movement with a brief discussion of how important yoga can be for dancers of all ages, to incorporate calmness of mind and awareness of body. Mats are helpful but not required.

Ignite the Love for Ballet w/ Georgia (Sat. 10:50am-11:25am)

How to get your students to love ballet, ideas to make ballet classes more fun and enjoyable by all, the right teacher for the right audience.

Constructing Choreography w/ Russell (Sun. 9:35am-10:10am)

Discuss/work through different exercises to help benefit the choreographic experience; breaking through road blocks and finding the new in something familiar.

Incentive Based Progression w/ Emanuel (Sun. 10:20am-10:55am)

This class will offer teachers new ideas on promoting good work ethic and student progression. It will help teachers track student progress in "homework" and offer small incentives for achieving new skills or understanding concepts.

Igniting Creativity in Dancers w/ Liz (Sun. 11:20am-11:55am)

This class will discuss ways to help dancers grow into choreographers by getting them to create phrases and use their improv to learn key choreography skills.



Sign up for these classes at Retail starting each morning

Myrtle Beach Collective Elective Classes (Sat. 12:45-1:30)

Variations (11 and Under) w/ Georgia:

Age and level appropriate choreography/variation that will allow the students the freedom to perform a ballet solo.

Power & Agility (11 and Under) w/ Emanuel:

This class will focus on how to increase strength as a dancer while maintaining a maximum level of agility. We will cover exercises and practices used to strengthen the body while incorporating everyday skills to increase agility.

Mock Audition (12 and Over) w/ Chad:

Slating, what to expect, ways to stand out, how to pick up choreo quickly, etc.

Floorwork Flow (12 and Over) w/ Russell:

Working on fluidity through movement fully submersed on the ground; finding pathways and challenging skills while using the floor as an anchor.

Apprentice Choreography Experience (12 and Over) w/ Apprentices:

In this Collective Elective, dancers will work with our Pro-Apprentices to help create choreography to present at the Closing Show. This is a unique experience to work together to create a group dance with the guidance of our Professional Apprentices. *****Must attend this Elective BOTH Saturday and Sunday to participate*****

Myrtle Beach Collective Elective Classes (Sun. 12:00-12:45):

Floorwork Flow (11 and Under) w/ Russell:

Working on fluidity through movement fully submersed on the ground; finding pathways and challenging skills while using the floor as an anchor.

Choreo Lab (11 and Under) w/ Liz:

This class will guide young dancers into creating a fun phrase of movement on their own using different choreography techniques.

Yoga-Vinyasa Flow with Dance Incorporation (12 and Over) w/ Sarah:

This class will be a more advanced flow with safe arm balance practices, inversion practices, and incorporating the breath with movement to teach the dancers how to calm their minds during competition, audition, and convention days.

Variations (12 and Over) w/ Georgia:

Age and level appropriate choreography/variation that will allow the students the freedom to perform a ballet solo.

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